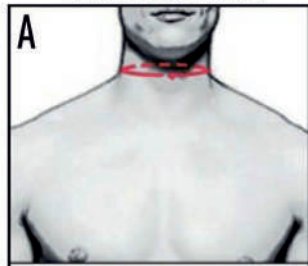


# KOBRA MEASUREMENT CHART

NAME: \_\_\_\_\_

DATE: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

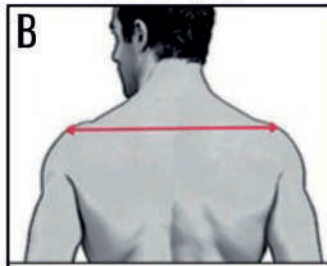
**A Neck Circumference**



cm: \_\_\_\_\_

Measure at the widest point

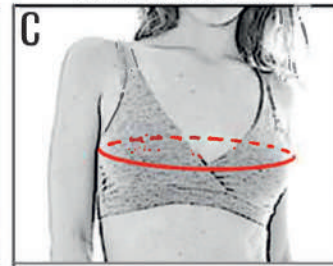
**B Shoulder Width**



cm: \_\_\_\_\_

Measure shoulder width from the outside of each shoulder

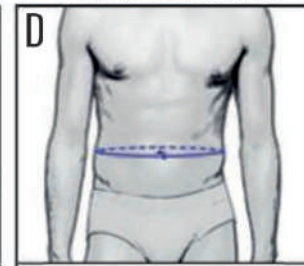
**C Chest Circumference**



cm: \_\_\_\_\_

Take this measurement from the largest part of the chest

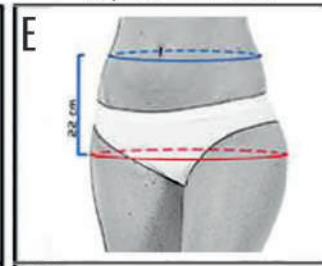
**D Waist Circumference**



cm: \_\_\_\_\_

Take at belly button level with a relaxed posture

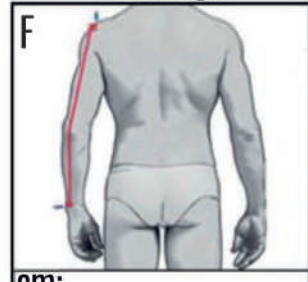
**E Hip Circumference**



cm: \_\_\_\_\_

Measure around the hips at the largest point approx. 22cm from the waist

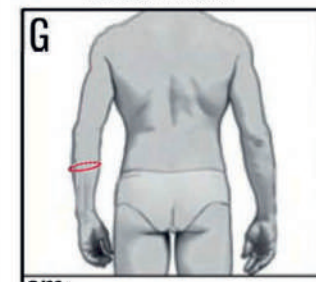
**F Sleeve Length**



cm: \_\_\_\_\_

Shoulder Bone to Wrist Bone

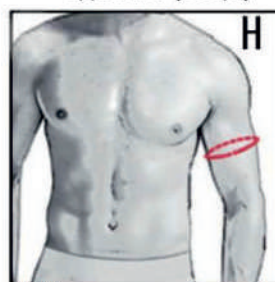
**G Forearm Width**



cm: \_\_\_\_\_

Measure at the widest point

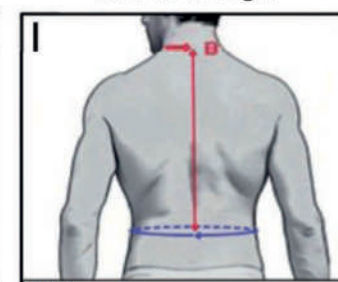
**H Upper Arm (Biceps)**



cm: \_\_\_\_\_

Measure at the widest point

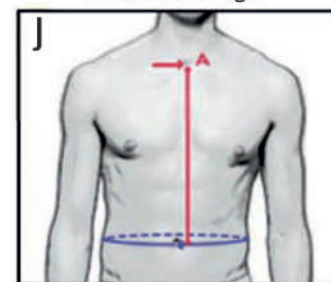
**I Back Torso Height**



cm: \_\_\_\_\_

Neck Vertebra (B) to waist line

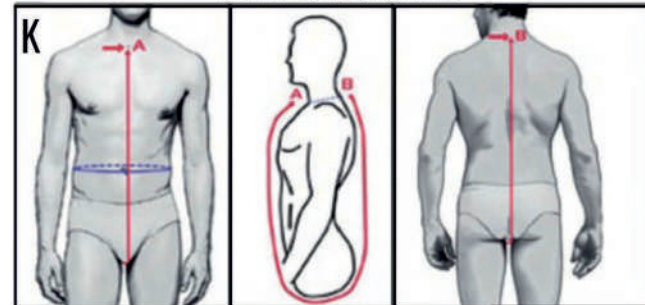
**J Front Torso Height**



cm: \_\_\_\_\_

From Notch of the Neck (A) to the waist

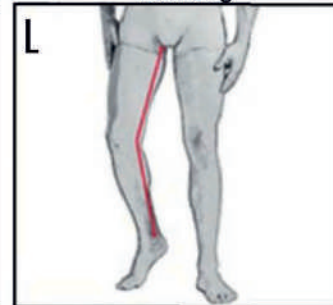
**K Total Torso Measurement**



cm: \_\_\_\_\_

Start at Neck (A), Pass under the Crotch, and up to your lower neck Vertebra (B). One Measurement

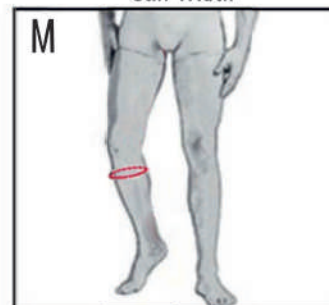
**L Inside Leg**



cm: \_\_\_\_\_

Crotch to Ankle

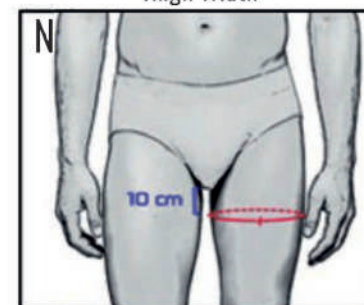
**M Calf Width**



cm: \_\_\_\_\_

Measure at the widest point

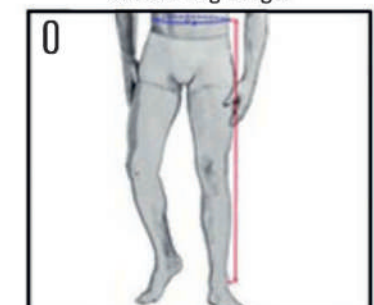
**N Thigh Width**



cm: \_\_\_\_\_

Largest part of the thigh around 10cm from crotch

**O Outside Leg Length**



cm: \_\_\_\_\_

Waist to ankle Bone

Height (cm): \_\_\_\_\_

Weight (Kg): \_\_\_\_\_

Belt: Yes  No

Flag: \_\_\_\_\_

Leg Style: Cuff  Nascar

Yes  No

I certify that the measurements have been taken correctly following the guide provided:

\_\_\_\_\_

Signature